

Update on Antenatal Corticosteroids

Internet Enduring Material

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Content was originally presented as part of the Medical Directors Meeting on October 9, 2025.

Accreditation

The Pediatrix Center for Research, Education, Quality and Safety is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

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Time to Complete: The estimated time for completion of this Internet Enduring Material is 30 minutes.

Target Audience: This presentation is intended for MFM and/or OBGYN clinicians including physicians, advanced practice providers, sonographers and other relevant healthcare providers.

Commercial Support

There is no commercial support for this educational activity.

Mitigation of Relevant Financial Relationships

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Disclosure of Relevant Financial Relationships

Andrew Combs, MD, PhD, faculty for this educational activity, has the following relevant financial relationships with ineligible companies to disclose: Grant or Research Support-Sonio; Consulting Fee-Sera Prognostics. *FDA Disclosures:* Off-label use of medication: betamethasone and dexamethasone are not labeled for fetal benefit and are both pregnancy category C.

Jaya Sariga, NNP-BC and Nicole Brenson, planners of this educational activity, have no relevant financial relationship(s) with ineligible companies to disclose.

Objectives

At the conclusion of this activity, the participant will be able to:

- List benefits of antenatal corticosteroids given before birth at less than 34 weeks.
- List benefits of antenatal corticosteroids given before birth at 34-36 weeks.
- Discuss evidence on long-term neurocognitive effects of antenatal corticosteroids among infants born at term.

ACGME/ABMS Competencies

- Medical Knowledge

IOM Competencies

- Employ Evidence-based Practice
- Provide Patient-centered Care

Participation and Credit

Participants are expected to review all content in the video, access reference materials as needed for additional self-directed learning, take and score 75% or greater correct on the post-test, and complete the evaluation in order to earn *AMA PRA Category 1 Credit(s)[™]*, or nursing contact hour(s).

There are no fees for participating in or receiving credit for this online educational activity. For information on the applicability and acceptance of credit for this activity, please consult your professional licensing board.

Contact

Should you have any questions or concerns, please contact us at continuing.education@pediatrix.com